

CCG Fall Planting Guide



September 2019

Welcome Back to the Garden

Have you been reading seed catalogs this summer? Dreaming of kale and broccoli? October is a good time to put in early varieties of tomatoes and eggplant, and sow seeds of a few heat tolerant, cool season root vegetables. The cool season begins in earnest in November. So dust off your garden shoes and grab that trowel. It's good to be back in the garden!

It All Starts With The Soil

With the end of the summer rainy season, the first order of business at CCG is to amend the soil. After removing your weed barrier and fluffing the soil, consider adding peat moss, composted cow or hen manure, and some bone meal to your plot. There are bags of pre-mixed organic garden soil available if you prefer to amend your soil that way. Healthy soil is nutrient rich and your vegetables will thrive with the addition of a balanced fertilizer at planting time, as well. Choose OMRI organic amendments and fertilizers from companies like *Dr Earth and Happy Frog*.

Short Season Summer Garden

The weather is still quite warm in October, making this a good time to put in early varieties of beans, cucumber, eggplant, pepper, squash, and tomatoes. *Choose transplants with a 60 day harvest date and enjoy a late summer garden.*

The coolest time of the year runs from mid December to mid February and warm season veggies struggle to flower and produce during our Florida winter. To ensure your garden does not become a host for bugs and diseases, please be a good garden neighbor and remove these plants in late December/early January.

Bean: Contender, Fillet, Gold Rush, Provider. Cucumber: Ashley, Marketmore, Poona Kheera. Eggplant: Early Black Egg, Ischia, Ping Tong Long. Sweet Pepper: Bull Nose, Corona, Early Hungarian, Feherozon, Gamba, Lipstick, Yellow Bell. Hot Pepper: Aji Chinch Amarillo, Chimayo, Czech Black, Hungarian Wax, Jasmyn Rissie. Summer Squash: Lemon, Scallop. Tomato: Dr Carolyn, Glacier, Illini Star, Matt's Wild Cherry, Neptune, Red Currant, Red Pisa, Sophie's Choice, Stupice, Yellow Centiflor.

Sow Root Vegetable Seeds

Early October is also a good time to sow seeds of heat tolerant root vegetables. *Carrots: Danvers, Kuroda. Radish: Misato Rose, White Icicle.*

Bees and Ladybugs



Here at CCG, we like bees, ladybugs and other beneficial insects. They go after pests and pollinate our plants and trees. To encourage bees and ladybugs to visit the garden, you can

devote up to 25% of your plot to edible and Florida friendly flowers.

Cool Season Vegetables



In November, cool weather returns to CCG and typically lasts until late February. These veggies thrive when daytime temperatures are in the 60s and low 70s. When warm weather

returns in March, it will be time to plant

heat tolerant vegetables and say good bye to the brassicas, greens and root veggies.

The list below has vegetables, flowers and herbs that have done well at CCG and are recommended for our Central Florida growing zone during winter.

Seed companies that have done well at CCG are **Botanical Interests**, **Ferry-Morse** and **Southern Exposure Seed Exchange**. Seedlings from *Farm and Garden* and *Home Depot* are a good bet, as well.

Happy Gardening!

Brassicas & Greens

Artichoke: Imperial Star

Arugula

Bok Choy/Toy Choy

Broccoli

Brussels Sprouts

Cabbage

Cauliflower: Snowball

Chard: Fordhook Giant

Collard

Escarole

Kale

Lettuce/Mesclun

Mustard Greens

Radicchio

Rapini

Rhubarb

Sugar Snap Peas

Snow Peas

Spinach

Root Vegetables

Beets: Chioggia, Detroit

Carrots: Chantenay, Danvers, Kuroda, Scarlet Nantes

Garlic: Asiatic, Elephant, Inchiliam, Italian, Lorz, Nootka, Red Toch, Silverwhite, Turban

Kohlrabi

Leek

Parsnip

Potato

Radish

Scallion/Green Onion

Turnip

Herbs & Flowers

Chives

Cilantro

Coneflower

Coreopsis

Cosmos

Dill

French Marigold

Lavender

Marjoram

Nasturtium

Parsley

Purslane

Rosemary

Salvia

Sorrel

Thyme